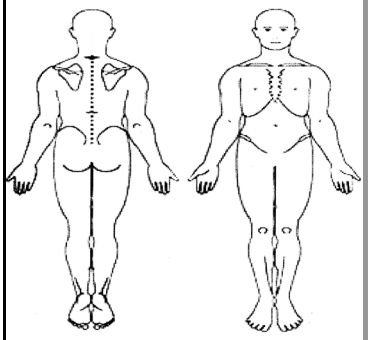
Problem #	Shoulder R L	Initial Eval	Re-Exam 1	Re-Exam 2	Re-Exam 3
	Date				
	VAS				
	DASH				
	% Subjective Improvement				
	Subjective Complaints				
	ROM				
	Elevated Abduction / 150				
	Elevated Frwd Flex / 180				
	External Rotation / 90				
	Internal Rotation / 90				
	Extension / 50				
	Adduction / 0				
	Horizontal Ab/Ad				
	Isolated strength				
	Supraspinatous (HAB/IR)				
	Infraspinatous (ER)				
	Subscapularis (lift-off)				
	Biceps (Sup/ 30FE)				
	Orthopedic				
	Dyskinesis: Scapular Assistance				
	Dyskinesis: Scapular Retraction				
	Dyskinesis: Scapular Repositioning				
	Rotator Cuff Syn. / Impingement: Empty Can				
	Rotator Cuff Syn. / Impingement: Hawkins Kennedy				
	Rotator Cuff Syn. / Impingement: Neer				
	Rotator Cuff Syn. / R/C: IR & Shift				
	Rotator Cuff Syn. / R/C: Ext Rot Lag Sign				
	Rotator Cuff Syn. / R/C: DIME				
	Rotator Cuff Syn. / R/C: RC Diagnostic Cluster				
	Rotator Cuff Syn. / R/C: Drop Arm				
	Biceps: Yergason's				
	Biceps: Bear Hug				
	Biceps: Speed's				
	AC Sprain: Cross Body Adduction				
	AC Sprain: Paxinos Test				
	AC Sprain: AC Differential				
	Labrum: Biceps Load Test				
	Labrum: Crank Test				
	TOS Cluster				
	Neurologic				
	Dermatomes				
	Myotomes				
	Reflex				
	Palpation				
	Trigger Points & Tenderness				
	Joint Restriction				
	Posture & Function ☐ Scapular Dyskinesis ☐ Upper Crossed ☐ Breathing Evaluation				
	Plan		O R R S	O R R S	O R R S
	Treatments	/ Visits	/ Visits	/ Visits	/ Visits
	Time Frame	weeks	weeks	weeks	weeks
	Treatment Outcome Goal	%	%	%	%

O:

Prov:

Pal:

Q:

Dx:

Tx:

Comments