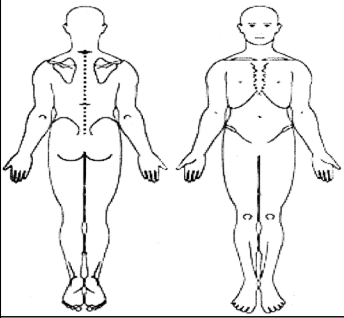


Problem #	Hand / Wrist R L	Initial Eval	Re-Exam 1	Re-Exam 2	Re-Exam 3		
	Date						
	VAS						
	DASH						
	% Subjective Improvement						
	Subjective Complaints						
	ROM						
	Forearm pronation / 90						
	Forearm supination / 90						
	Wrist flexion / 90						
	Wrist extension / 70						
	Wrist rad/ ulnr dev 25 /65						
	Finger flexion						
	Finger extension						
	Finger abd/ adduction						
	Thumb extension						
Thumb abd/ adduction							
Thumb opposition							
Orthopedic							
O:	Capal Tunnel	Manual Carpal Compression					
		Phalen's Test					
		Reverse Phalen's Test					
		Square Wrist Sign					
		Tinel's Sign					
P↑:	Pronator Teres	Median Nerve Test					
		Pronator Compression Test					
		Pronator Teres Syndrome Test					
		Resisted Long Finger Ext.					
		Radial Nerve Test					
P↓:	Radial Tunnel	Resisted Forarm Compression					
		Radial Tunnel Compression					
		DeQuervain's Differentiation Man.					
		EPB Entrapment					
		Finkelstein's Test					
Q:	DeQuervain's	Hitchhiker's Sign					
		WHAT					
		Neurologic					
		Dermatomes					
		Myotomes					
Reflex							
Regional Eval							
Dx:	Cervical spine						
	Shoulder & Elbow						
Comments:	Palpation						
	Trigger Points & Tenderness						
	Joint Restriction						
	Posture & Function						
	<input type="checkbox"/> Upper Crossed Syndrome <input type="checkbox"/> Scapular Dyskinesis <input type="checkbox"/> Breathing Evaluation						
Plan							
Treatments	/ Visits	O R R S	O R R S	O R R S	O R R S		
Time Frame	weeks	weeks	weeks	weeks	weeks		
Treatment Outcome Goal	%	%	%	%	%		