## MD's & DC's ON ONE TEAM



**Medical practitioners** are experts in diagnosing and coordinating the chemical, medical, and surgical aspects of diseases.

**Chiropractors** are experts in diagnosing and managing muscle, nerve, and joint problems with conservative mechanical therapies, exercise, nutrition, and lifestyle advice.

Medical physicians and chiropractors working together to co-manage the **chemical** and **mechanical** aspects of your health is a potent combination for treating certain problems.

One recent study found that adding chiropractic treatment to standard medical care for back pain resulted in less pain, less disability, improved function, lower use of pain medication, and higher satisfaction.

Another concluded: "(Manipulation) provides greater short-term reductions in self-reported disability and pain compared with usual medical care (alone)."

A Gallup Poll found that three in four people (77%) describe chiropractic care as "very effective."

Chiropractors are already integrated into:

- Hospitals
- Federally Qualified Health Centers
- The US Department of Defense
- The Department of Veterans Affairs (VA)
- Medical offices ranging from private clinics to large healthcare systems.

It is no surprise that the world's **top athletes** have also chosen to incorporate chiropractic. Every NFL team, all 30 Major League Baseball clubs, and every US Olympic athlete has access to chiropractic care in addition to standard medical options. In fact, the leader of medical services for Team USA at the past four Olympics was a chiropractor.

The old prejudice between professions has been replaced by a new generation of MD's and DC's working together for the patient's benefit.

Various medical authorities have gone on record endorsing spinal manipulation or conservative chiropractic care including, The American College of Physicians, the FDA, and CDC.

Listen to the experts and make sure your healthcare team includes chiropractic!